



## **CAPCA**

Chesapeake Area Professional Captains Association  
1009 Bay Ridge Avenue PMB 156  
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### **Continuing Education Course Outline**

**Title of Course:** **Planning & Executing Long Range Coastal Cruises & Deliveries**  
**Date of Course:** Saturday, February 15, 2014 - 9:00am to 5:00pm  
**Course Location:** Annapolis Elks Lodge #622, Edgewater, MD

**Instructors:** Capt. Roy Adler, Capt. Mary Ann DeGraw & Capt. Priscilla Travis & Emma Jimmyer

**0830 – 0900: Check-in Registration & Continental Breakfast**

**0900 – 0910: Welcome: Opening Statements & Class Announcements**

**0910 – 0930: Before You Start:**

- Why
- Where
- How

**0930 – 1015: References & Resources:**

- Guides
- Charts
- Internet

**1015 – 1045: Coffee Break – Networking**

**1045 – 1200: On the Water Considerations:**

- Courtesy
- Homeland Security
- Aids to Navigation
- Magenta Line
- Bridges
- Locks
- Night Travel
- Ocean Inlets

**1200 – 1300: Lunch – Networking**

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### **1300 – 1415: Cruising South & North:**

- AICW
- Ocean
- Dismal Swamp
- Okeechobee Waterway and West Coast
- NJ Coast
- Hudson River
- Great Lakes
- Canada

### **1415 – 1430: Coffee Break – Networking**

### **1430 – 1600: Ocean and Foreign Cruising:**

- Locations - Charter Companies
- Local Knowledge – About the Country, People, Customs
- Local Knowledge – Navigation
- “Officialdom” – Customs & Immigration
- Documentation – Skipper and Crew
- Provisioning
  - \* Emma -- South Pacific
  - \* Priscilla -- Ocean, Atlantic Canada, and Northwest Europe
  - \* Mary Ann -- Mediterranean

### **1600 – 1700: Q&A and Wrap Up**

### **Instructors' Bio:**

**Captain Roy Adler (Capt, USN ret):** While in the Navy, as Navigator and Commanding Officer of nuclear submarines, he planned and executed transits across the Atlantic and along the East Coast (above and below the surface). His first recreational transit on the ICW was in 1984 and has made over three dozen since then as well as a trip through Canada's historic canals to the Georgian Bay and back. Since 1996 Captain Adler has held a 200T near coastal Master's license.

**Captain Mary Ann DeGraw:** Sat for her license in 1985 and was issued an Ocean Operator's License with a route endorsement of Oregon Inlet to Beaufort Inlet, N.C., otherwise known as the Graveyard of the Atlantic. First and main job has been teaching cruising skills under sail in some of the world's best cruising areas such as work in the Mediterranean along the coasts of Greece, Turkey, Croatia, and Italy and deliveries, usually with student crew, all along the east coast from Maine to the Caribbean and the west coast of Florida including the Dry Tortugas. Travels also included San Diego for several weeks during the America's Cup trials, including side trips to the Coronado Islands of Mexico, New Zealand for a three week sailing trip and circumnavigating Scotland with stops at all the major Islands and a few of the minor ones

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**Captain Priscilla Travis:** Began cruising under sail in 1977, and since then has logged approximately 95,000 sea miles as a cruiser, sailing instructor, and delivery skipper. She explored the waters and coastal communities from Maine to Florida and the Bahamas for ten summers and chartered in the Virgin Islands. In 1992 she sailed northeast and spent nine summers in Nova Scotia, Newfoundland, and Labrador. Since 2003 she has been spending five months each summer in northwest Europe (Scotland, England, Ireland, the west coast of Norway, and the Faroe Islands). She holds a 100T Master's license, first granted in 1985.

**Emma Jimmyer:** Started sailing in 1986, through the Philadelphia Sailing Club. Emma typically serves as skipper, first mate, or navigator on boats 32' – 50' and more. She has sailed the waters of the Chesapeake Bay, New England, Maine, Long Island, Lake Superior/Apostle Islands, Florida Keys, the Caribbean, Belize, and in the South Pacific -- the Society Islands/French Polynesia, Tonga, and Australia/Whitsunday Islands. She also races sailboats and has taught sailing.